

### BAMANPUKUR HUMAYUN KABIR MAHAVIDYALAYA

[Affiliated to the West Bengal State University and Recognised under section 2(f) and 12B of the UGC Act]

ESTD. - 2007

BAMANPUKUR • NORTH 24 PARGANAS • PIN – 743425 • WEST BENGAL (NAAC ACCREDITED)



# REPORT OF COUNSELLING, GUIDANCE, PLACEMENT, STUDENT PROGESSION CELL

**Year 2024** 

Submitted by --- Dr. Runa Das Chaudhuri

Convenor, Counselling, Guidance, Placement and Student Progression Cell
Assistant Professor, Department of Sociology



#### BAMANPUKUR HUMAYUN KABIR MAHAVIDYALAYA

[Affiliated to the West Bengal State University and Recognised under section 2(f) and 12B of the UGC Act]

ESTD. – 2007

BAMANPUKUR • NORTH 24 PARGANAS • PIN – 743425 • WEST BENGAL (NAAC ACCREDITED)



# Constitution of Counselling, Guidance, Placement and Student Progression Cell

Chairperson	Dr.Subhash Biswas	Principal BHKM	
Convenor	Dr. Runa DasChaudhuri	Assistant Prof. Dept. of Sociology	
Member	Dr. Nasir Uddin Mondal	Assistant Prof Dept of Arabic	
Member	Ms. Sukanya Mallik	Librarian	
<b>Student Representative</b>	Soma Mondal	Registration No:1212221100026	

# Bamanpukur Humayun Kabir Mahavidyalaya

## Counselling, Guidance, Placement and Student Progression Cell

The Counselling, Guidance, Placement and Student Progression Cell of Bamanpukur Humayun Kabir Mahavidyalaya is always on hand to help and assist the students to face the challenges of overcome the difficulties that they face in their daily life. The Counselling Cell formally came into existence in 2019 and since then it has undertaken counselling, educating and fostering the skills that enable the students to face life with confidence. In doing so the Cell has developed **two broad objectives:** 

- 1) To help the students to solve their personal problems and helping them overcome those in turn motivating them to develop proper life skills.
- 2) Raising student awareness of potential job alternatives and assisting them in determining professional goals

Since psychological wellbeing is one of the determinants of academic performance, the Cell has placed emphasis to promote in the students positive behaviour changes, improving the student's ability to establish and maintain relationships socially, promoting their decision making process, helping the student to understand their own potential and cope effectively with the problems they face. To this end, the Cell has organised a tele-counselling week to enable

the students to have positive outlook and feel optimistic in the time of Covid pandemic, a stress management workshop and a webinar on how to deal with stress in times of Covid.

The Counselling, Guidance, Placement and Student Progression Cell also aspires to create a bridge between the worlds of work and education, making it advantageous to the students. Every year, a number of organizations are invited to the college to conduct awareness programmes on digital education, hospitality management etc. On regular basis, the cell also organizes numerous lectures by career counsellors to ensure that the willing students have a bright future and greater job opportunities.

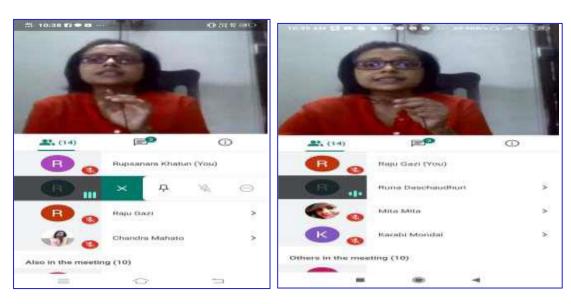
# <u>Programs organized by the Counselling, Guidance, Placement and Student Progression Cell:</u>

Sl.No.	Date of	Title of the	Collaborating	Organizing
	programme	programme	Institution/Organization	Secretary
1.	4 <sup>th</sup> to 8 <sup>th</sup> May,2020	Observation of Tele-Counselling Week	Nil	Dr. Runa Das Chaudhuri
2.	23.2.2021	Stress Management Workshop	Nil	Dr. Runa Das Chaudhuri
3.	22.2.2022	Computer Awareness Camp	IIT-WB, Minakhan	Dr. Runa Das Chaudhuri
4.	29.3.2022	Observation of International Happiness Day	Nil	Dr. Runa Das Chaudhuri
5.	19.4.2022	Livelihood Programme for Digital Inclusion of Young Aspirants	Anudip Foundation	Dr. Runa Das Chaudhuri
6.	12.3.2024	Career Katha	Brainware University	Dr. Runa Das Chaudhuri
7.	20.3.2024	Observation of International Happiness Day Reconnecting for Happiness: Building Resilient Communities	Nil	Dr. Runa Das Chaudhuri
8.	22.3.2024	Explore the Career Opportunities in Government Sector and unlock the Potentials in You	Rice Education	Dr. Runa Das Chaudhuri

# **Supporting documents of programmes:**



Above: Some of the students who participated and were counselled in the tele-counselling week



Above: Glimpses of Stress Management Workshop conducted online on 23.2.2021



**Above : Glimpses of Computer Awareness Camp on 22.2.2022** 





Above: Observation of International Happiness Day on 29.3.2022



**Above :** Glimpses of Livelihood Programme for Digital Inclusion of Young Aspirantsin collaboration with Anudip Foundation on 19.4.2022



**Above :** Glimpses of programme titled 'Career Katha' in collaboration with Brainware University on 12.3.2024



**Above :** Glimpses of programme titled 'Reconnecting for Happiness: Building Resilient Communities' on the occasion of International Happiness Day on 20.3.2024



**Above :** Glimpses of programme titled 'Explore the Career Opportunities in Government Sector and Unlock the potentials in You' in collaboration with Rice Education' on 22.3.2024