

# Bamanpukur Humayun Kabir Mahavidyalaya

Affiliated to West Bengal State  
University

Minakhan, North 24  
Parganas West Bengal

## One Day Departmental Seminar on Yoga and Well-being

Organised by Department of Philosophy in Collaboration with  
Health, Hygiene Beautification and Environment Cell


## Yoga for Humanity



Chief Patron: Dr. Subhash Biswas, Principal

Organising Secretary: Paramita Mondal, Assistant  
Professor, Philosophy and Convenor of the Cell

Date: 17.6.2022, Time: 12-

2 PM Venue: Seminar Room  Poster Maker